

Sexual Integrity for Men – Summer 2008
Lies Worksheet

Part of the “deceitfulness of sin” is that we begin to believe things that are not true (Rom 1:25 – we exchanged the truth of God for the lie). Unless we take our thoughts captive to the obedience of Christ (1 Cor 10:5) we will live under the sway of things that are not true. In this exercise, we expose some of the lies that typify sexual addiction, stand the truth up against them, and garner scriptural support for that truth. In this way, we can be “transformed by the renewing of our minds” (Rom. 12:2).

Read these over, and prayerfully apply these truths to the lies that you’ve believed (if the shoe fits). Also, add some of your own lies to the end of this table, and put the truth alongside of them. We’ll share some of your insights in class.

<i>Lie</i>	<i>Truth</i>	<i>Scripture</i>
Just this last time – I’ll stop after this.	The more I give in, the more addicted I can become. Now is the time to walk in integrity	John 7:6, 8:34, Heb 3-4, 1 Pet 4:3 "For the time already past is sufficient for you to have carried out the desire of the Gentiles, having pursued a course of sensuality, lusts, drunkenness, carousing, drinking parties and abominable idolatries." (1 Peter 4:3)
I’ll just look, I won’t masturbate; I’ll just browse a few images and log off; I’m not looking at hardcore, so it’s not as bad	I have already seen that once I go that far, I cannot stop going farther.	"sin is crouching at your door; it desires to have you, but you must master it."" (Genesis 4:7) "Don’t you know that when you offer yourselves to someone to obey him as slaves, you are slaves to the one whom you obey—whether you are slaves to sin, which leads to death, or to obedience, which leads to righteousness?" (Romans 6:16)
If I don’t give in to temptation it will just keep getting worse. So I may as well give in.	Giving in to temptation does not make it go away. God will provide a means for me to redirect my attention to spiritual things.	"No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it." (1 Corinthians 10:13)

